



mertil
MY EARLY RELATIONAL TRAUMA INFORMED LEARNING

NOW AVAILABLE
TO ALL

My Early Relational Trauma Informed Learning

OVERVIEW

MERTIL is an Australian-first program, created by infant trauma experts, Professor Jennifer McIntosh, and Professor Louise Newman, and a team of specialists. MERTIL offers **training in the recognition of early trauma in the parent-child relationship**, stemming from parent mental illness, grief, family violence, substance abuse, and related experiences. Moreover, MERTIL teaches options for effective immediate response by frontline services.

MERTIL HAS 8 ONLINE MODULES (12 HRS) THAT

- Build capacity for earliest detection of relational trauma
- Extend skills and enhance confidence in response to early relational trauma
- Enhance prevention of complex sequelae for parents, infants and young children.

BACKGROUND

Since 2018, the MERTIL online course has been **completed by over 1600 Victorian Maternal and Child Health Nurses**. Research found strong evidence of effectiveness, including dramatic increases in self-rated confidence in responding to early relational trauma (Clancy, McIntosh et al, 2020). On this basis, we have created a generic version of the course for use in all frontline services that support the well-being of parents and young children.

Learn how to help parents
& children in their journey
to better respond to
trauma in their lives

Your MERTIL Course includes:

- 8 online, self-paced modules*
- Access to private library of resources*
Includes podcasts & factsheets, recorded case consultations & webinars.
- Mini MERTIL: 2-hr online refresher**

\$390 + GST

Further discounted prices apply for workforce groups.
25% discount for Aboriginal & Torres Strait Islander peoples, practitioners & organisations. Conditions apply.

*Access for three (3) months **Access for 12 months.

Learn more at www.mertil.net.au or email enquiries@mertil.net.au

The MERTIL project is based at
The Bouverie Centre, La Trobe University



and operates in partnership with
Deakin University

